

NUMERICAL LIST 2022								
Bibno.	Distance	Start group	Start Time	First name	Last name	Sex	Age category	Club/Company
1	10k	Mass start	08:40	David	Ackroyd	M	Veteran	
2	10k	Mass start	08:40	Jane	Adams	F	Vintage	Horsham joggers
3	10k	Rolling start	09:05-09:10	Mark	Adams	M	Veteran	
4	10k	Mass start	08:40	Melanie	Ades	F	Veteran	
5	10k	Mass start	08:40	Sarah	Aeschlimann	F	Super Veteran	
6	10k	Rolling start	09:05-09:10	Thomas Lance	Allen	M	Vintage	
7	10k	Rolling start	09:05-09:10	Rebecca	Allinson	F	Super Veteran	
8	10k	Rolling start	09:05-09:10	Bridget	Anderson	F	Vintage	
9	10k	Rolling start	09:05-09:10	Laura	Anderson	F	Veteran	
10	10k	Mass start	08:40	Sophie	Anderson	F	Super Veteran	
12	10k	Mass start	08:40	Sharon	Astley	F	Super Veteran	Brighton & Hove Women's Running Club
13	10k	Rolling start	09:05-09:10	Katherine	Atkinson	F	Senior	
14	10k	Rolling start	09:05-09:10	Alison	Austin	F	Super Veteran	
15	10k	Mass start	08:40	Terry	Avey	M	Super Vintage	Brighton Phoenix
16	10k	Rolling start	09:05-09:10	Emma	Baars	F	Senior	
17	10k	Mass start	08:40	Nick	Bailey	M	Vintage	Denmead Striders
18	10k	Rolling start	09:05-09:10	Gerald	Baldwin	M	Vintage	
19	10k	Mass start	08:40	Vicky	Baldwin	F	Veteran	Worthing Striders
20	10k	Mass start	08:40	Erica	Ballmann	F	Veteran	
21	10k	Rolling start	09:05-09:10	Stella	Barnes	F	Super Veteran	
22	10k	Mass start	08:40	Alex	Barson	M	Veteran	
23	10k	Rolling start	09:05-09:10	Clare	Bartlett	F	Veteran	
24	10k	Mass start	08:40	Tess	Bartlett	F	Veteran	
25	10k	Rolling start	09:05-09:10	kerry	Basnett	F	Veteran	Foxy Ladies
26	10k	Rolling start	09:05-09:10	Emma	Bavin	F	Senior	
27	10k	Mass start	08:40	Lathaen	Baylis	M	Senior	
28	10k	Mass start	08:40	Sue	Beale	F	Super Veteran	
29	10k	Rolling start	09:05-09:10	Colin	Bennett	M	Super Veteran	Lewes AC
30	10k	Mass start	08:40	Helen	Berry	F	Super Veteran	
31	10k	Rolling start	09:05-09:10	Collette	Betts	F	Super Veteran	Hove Hornets
32	10k	Mass start	08:40	Mel	Birdsey	F	Veteran	
33	10k	Rolling start	09:05-09:10	Alison	Blackman	F	Veteran	Foxy Ladies
34	10k	Mass start	08:40	Geraldine	Bloomfield	F	Veteran	Girls Run the World
35	10k	Rolling start	09:05-09:10	Emily	Blythe	F	Senior	
36	10k	Mass start	08:40	Jane	Bollam	F	Vintage	FLRC
37	10k	Rolling start	09:05-09:10	Nikki	Bowman	F	Veteran	Runpals
38	10k	Mass start	08:40	Claire	Brennan	F	Super Veteran	
39	10k	Rolling start	09:10-09:15	Allison	Brett	F	Super Veteran	
40	10k	Mass start	08:40	Anne	Brind	F	Veteran	
41	10k	Mass start	08:40	Mark	Brown	M	Super Veteran	
42	10k	Rolling start	09:10-09:15	Joanne	Bull	F	Super Veteran	Horsham Joggers
43	10k	Mass start	08:40	Lis	Bundock	F	Veteran	Brighton Tri Club
44	10k	Mass start	08:40	Hannah	Burbidge	F	Senior	
45	10k	Rolling start	09:10-09:15	Sarah	Byrne	F	Senior	
46	10k	Mass start	08:40	Karen	Campbell	F	Super Veteran	
47	10k	Mass start	08:40	Sally	Carter	F	Super Veteran	
48	10k	Mass start	08:40	julie-anne	catling	F	Super Veteran	Arunners RC
49	10k	Rolling start	09:10-09:15	David	Chadwick	M	Super Veteran	
50	10k	Mass start	08:40	Claire	Chamberlain	F	Veteran	
51	10k	Mass start	08:40	Sue	Chambers	F	Super Veteran	
52	10k	Mass start	08:40	Thomas	Chambers	M	Vintage	
53	10k	Rolling start	09:10-09:15	Kat	Chapman	F	Veteran	Foxy Ladies
54	10k	Mass start	08:40	matthew	Chapman	M	Veteran	
55	10k	Mass start	08:40	Robin	Charnock	M	Super Veteran	Chichester Runners AC
56	10k	Mass start	08:40	Libby	Christie	F	Veteran	Angmering 24Fit Club
57	10k	Rolling start	09:10-09:15	Rachael	Chung	F	Super Veteran	
58	10k	Rolling start	09:10-09:15	Fiona	Churchill	F	Super Veteran	Foxy ladies
59	10k	Rolling start	09:10-09:15	David	Clark	M	Super Vintage	Burgess Hill Runners
60	10k	Rolling start	09:10-09:15	Edna	Clark	F	Vintage	HORSHAM JOGGERS
61	10k	Rolling start	09:10-09:15	Leona	Clarke	F	Veteran	
62	10k	Mass start	08:40	Kath	Clegg	F	Veteran	
63	10k	Rolling start	09:10-09:15	Nick	Clifton-Welker	M	Super Veteran	
64	10k	Mass start	08:40	David	Clubb	M	Super Vintage	Lancing Eagles RC
65	10k	Mass start	08:40	Natalie	Cole	F	Senior	Just Run North Bristol
66	10k	Rolling start	09:10-09:15	Steve	Collins	M	Super Veteran	Steyning AC
67	10k	Rolling start	09:10-09:15	Lynn	Conley	F	Super Veteran	Foxy ladies running club
68	10k	Mass start	08:40	Karen	Cooper	F	Veteran	

69	10k	Mass start	08:40	Stephen	Cooper	M	Veteran	
70	10k	Rolling start	09:10-09:15	Sian	Corrigan	F	Senior	
71	10k	Mass start	08:40	Daniel	cozens	M	Veteran	
72	10k	Mass start	08:40	Nicole	Cozens	F	Veteran	
73	10k	Mass start	08:40	Jack	Cranford	M	Senior	
74	10k	Mass start	08:40	Andrew	Crawford	M	Veteran	Tuff Fitty Triathlon Club
75	10k	Rolling start	09:10-09:15	Anna	Cressey	F	Super Veteran	
76	10k	Rolling start	09:10-09:15	Simon	Cullen	M	Veteran	
77	10k	Rolling start	09:10-09:15	Katie	Cuming	F	Super Veteran	
78	10k	Rolling start	09:10-09:15	Tom	Curran	M	Super Veteran	
79	10k	Rolling start	09:10-09:15	Daniel	Cutler	M	Vintage	
80	10k	Mass start	08:40	Alex	Dallos	M	Veteran	
81	10k	Mass start	08:40	Emma	Dallos	F	Super Veteran	Run Things Run Club
82	10k	Rolling start	09:10-09:15	Sarah	Day	F	Super Veteran	NBR
83	10k	Mass start	08:40	Rob	Derkin	M	Super Veteran	Arena 80 AC
84	10k	Mass start	08:40	Jenny	Dexter	F	Super Veteran	Omf
85	10k	Rolling start	09:10-09:15	Joanna	Di Paola	F	Senior	
86	10k	Mass start	08:40	Jo	Dipple	F	Vintage	Horsham Amphibians Triathlon Club
87	10k	Mass start	08:40	Karin	Divall	F	Vintage	Lewes AC
88	10k	Mass start	08:40	Karen	Dixon	F	Super Veteran	Storrington Striders
89	10k	Mass start	08:40	Luke	Dixon	M	Senior	
90	10k	Rolling start	09:10-09:15	Katharine	Dore	F	Super Veteran	Foxy Ladies Worthing
91	10k	Mass start	08:40	Jacqueline	Drake	F	Super Veteran	Mid Sussex Tri Club
92	10k	Mass start	08:40	Kate	Drake	F	Super Veteran	
93	10k	Mass start	08:40	Hannah	Du Gray	F	Veteran	
94	10k	Mass start	08:40	Tracy	Eaton	F	Super Veteran	Hove Hornets
95	10k	Rolling start	09:10-09:15	Marc	Ebanks	M	Super Veteran	
96	10k	Rolling start	09:10-09:15	Avril	Ellis	F	Vintage	
97	10k	Mass start	08:40	Christine	Ellison	F	Super Veteran	Fitso
98	10k	Mass start	08:40	David	Elphick	M	Veteran	
99	10k	Mass start	08:40	Jo	Elsden	F	Veteran	Hove Hornets
100	10k	Rolling start	09:10-09:15	Giles	Entwisle	M	Super Veteran	
101	10k	Mass start	08:40	Susanna	Etherington	F	Super Veteran	
102	10k	Mass start	08:40	Graham	Evans	M	Veteran	
103	10k	Rolling start	09:10-09:15	Suzy	Faulkes	F	Veteran	
104	10k	Rolling start	09:10-09:15	Caroline	Fenton	F	Super Veteran	
105	10k	Mass start	08:40	Sharon	Fenton	F	Super Veteran	Hove Hornets
106	10k	Mass start	08:40	Jo	Fleming	M	Super Veteran	Mid Sussex Triathlon Club
107	10k	Mass start	08:40	Tegan	Foley	F	Veteran	
108	10k	Rolling start	09:10-09:15	Ginny	Fox	F	Super Veteran	
109	10k	Rolling start	09:10-09:15	Lisa	Fry McNulty	F	Super Veteran	Fitso
110	10k	Mass start	08:40	Laura	Gallop	F	Senior	
111	10k	Rolling start	09:10-09:15	Sally	Gee	F	Veteran	Stubbington Green Runners
112	10k	Rolling start	09:15-09:20	Wendy	Gerrard	F	Veteran	
113	10k	Mass start	08:40	Christine	Gibbons	F	Vintage	Brighton Tri Club
114	10k	Mass start	08:40	Michael	Gibbons	M	Vintage	Arena 80 AC,
115	10k	Mass start	08:40	Dino	Giordanelli	M	Veteran	
116	10k	Rolling start	09:15-09:20	Jane	Glynn	F	Super Veteran	Foxy Ladies Worthing
117	10k	Rolling start	09:15-09:20	Victoria	Gofton	F	Veteran	
118	10k	Rolling start	09:15-09:20	Janet	Gordon	F	Super Veteran	
119	10k	Rolling start	09:15-09:20	Kim	Gow	F	Vintage	Burgess Hill Runners
120	10k	Rolling start	09:15-09:20	David	Grant	M	Super Veteran	
121	10k	Mass start	08:40	Sarah	Griggs	F	Veteran	
122	10k	Rolling start	09:15-09:20	Aruni	Gunaratne	F	Veteran	
123	10k	Rolling start	09:15-09:20	Clare	Hall	F	Veteran	
124	10k	Mass start	08:40	Rachel	Hamson	F	Super Veteran	Horsham Joggers
125	10k	Rolling start	09:15-09:20	Karen	Hanson	F	Super Veteran	
126	10k	Mass start	08:40	Quita	Harkess	F	Veteran	
127	10k	Mass start	08:40	Tracey	Harvey	F	Vintage	Storrington striders
128	10k	Mass start	08:40	Jamie	Harwood	M	Senior	Run Academy Worthing
129	10k	Rolling start	09:15-09:20	Nicola	Hawkins	F	Veteran	
130	10k	Rolling start	09:15-09:20	Natasha	Hayes	F	Senior	n/A
131	10k	Mass start	08:40	Elizabeth	Haynes	F	Super Vintage	
132	10k	Mass start	08:40	Sacha	Hebden	F	Veteran	
133	10k	Rolling start	09:15-09:20	Bernadette	Hecht	F	Vintage	Hassocks Community Runners
134	10k	Mass start	08:40	Grace	Henderson	F	Veteran	Run Academy Worthing
135	10k	Rolling start	09:15-09:20	Debbie	Herring	F	Veteran	
136	10k	Mass start	08:40	Patrick	Highland	M	Veteran	East Grinstead Runners
137	10k	Rolling start	09:15-09:20	Tony	Hill	M	Vintage	Outdoor Military Fitness

138	10k	Rolling start	09:15-09:20	Nicole	Holden	F	Veteran	
139	10k	Rolling start	09:15-09:20	Sue	Hollowell	F	Super Veteran	Worthing Striders
140	10k	Rolling start	09:15-09:20	Jenny	Holmes	F	Super Veteran	
141	10k	Rolling start	09:15-09:20	Josie	Hough	F	Senior	Horsham Amphibians
142	10k	Mass start	08:40	Maggie	Houghton	F	Veteran	
143	10k	Rolling start	09:15-09:20	Graham	Howitt	M	Veteran	
144	10k	Mass start	08:40	Helena	Hudson	F	Super Veteran	
145	10k	Rolling start	09:15-09:20	Lorraine	Hunter	F	Super Vintage	Horsham Joggers
146	10k	Mass start	08:40	Paul	Hurley	M	Veteran	Worthing Striders
147	10k	Rolling start	09:15-09:20	Michelle	J Warner	F	Super Veteran	
148	10k	Rolling start	09:15-09:20	Helen	Jacob	F	Veteran	
149	10k	Mass start	08:40	laura	jacobs	F	Senior	Meads runners
150	10k	Mass start	08:40	Sarah	James	F	Veteran	
151	10k	Rolling start	09:15-09:20	Sally	Jane Hurst	F	Super Veteran	Shoreline Sally
152	10k	Rolling start	09:15-09:20	josh	josh	F	Junior	
153	10k	Rolling start	09:15-09:20	Alli	K Willmore-Horne	F	Super Veteran	Hove Hornets
154	10k	Rolling start	09:15-09:20	Jennifer	Kehoe	F	Veteran	
155	10k	Mass start	08:40	Naomi	Kelly	F	Super Veteran	
156	10k	Mass start	08:40	William	Kelly	M	Super Veteran	
157	10k	Rolling start	09:15-09:20	David	Kingston	M	Veteran	
158	10k	Rolling start	09:15-09:20	Lou	Korda	F	Super Veteran	
159	10k	Rolling start	09:15-09:20	Adam	Krcal	M	Senior	Technopolis
160	10k	Mass start	08:40	Graham	Lane	M	Veteran	
161	10k	Mass start	08:40	Rachel	Larking	F	Veteran	Henfield Joggers
162	10k	Mass start	08:40	Mike	Brandsen	M	Vintage	Mel's Milers
163	10k	Rolling start	09:15-09:20	Anne	Billingham	F	Super Veteran	Mels Milers
164	10k	Mass start	08:40	Christopher	Lees	M	Super Veteran	
165	10k	Mass start	08:40	Oriana	Lees	F	Senior	
166	10k	Rolling start	09:15-09:20	Katharine	Lelliott	F	Veteran	Foxy Ladies Running Club
167	10k	Mass start	08:40	John	Lewis	M	Super Veteran	
168	10k	Mass start	08:40	Julia	Lewis	F	Super Veteran	
169	10k	Rolling start	09:20-09:25	tracy	lloyd	F	Super Veteran	
170	10k	Mass start	08:40	Tom	Lockley	M	Veteran	
171	10k	Rolling start	09:20-09:25	Gill	Lunn	F	Veteran	Horsham Joggers
172	10k	Mass start	08:40	Luke	Lycett	M	Veteran	
173	10k	Mass start	08:40	Kelvin	MacDonald	M	Super Vintage	Hove Hornets
174	10k	Mass start	08:40	Judith	Mackenzie	F	Super Veteran	
175	10k	Mass start	08:40	Ruth	Mackenzie	F	Super Veteran	
176	10k	Rolling start	09:20-09:25	Sue	Macpherson	F	Super Veteran	
177	10k	Mass start	08:40	Lisa	Mallett	F	Super Veteran	
178	10k	Mass start	08:40	Alex	Marshall	M	Veteran	
179	10k	Mass start	08:40	Paul	Martin	M	Super Veteran	
180	10k	Mass start	08:40	Caroline	Matthews	F	Super Veteran	
181	10k	Rolling start	09:20-09:25	Jacqueline	McCallum	F	Veteran	Garden City Runners
182	10k	Rolling start	09:20-09:25	Jessica	McCann	F	Senior	
183	10k	Mass start	08:40	Fiona	McCarvill	F	Super Veteran	
184	10k	Mass start	08:40	sally	mccolgan	F	Super Veteran	
185	10k	Mass start	08:40	Gabrielle	McGrath	F	Senior	
186	10k	Mass start	08:40	Lynne	Mckellar	F	Super Veteran	Angmering 24Fit Club
187	10k	Mass start	08:40	Jayne	Mckenna	F	Super Veteran	
188	10k	Rolling start	09:20-09:25	Clare	Mckoen	F	Super Veteran	
189	10k	Rolling start	09:20-09:25	Patrick	Mckoen	M	Senior	
190	10k	Rolling start	09:20-09:25	Connor	McNulty	M	Senior	
191	10k	Rolling start	09:20-09:25	Joe	McNulty	M	Super Veteran	
192	10k	Rolling start	09:20-09:25	Nancy	McNulty	F	Senior	Fitso
193	10k	Rolling start	09:20-09:25	Jane	McTaggart	F	Super Veteran	Oxted Runners
194	10k	Mass start	08:40	Lizzy	Metters	F	Veteran	Lancing Eagles RC
195	10k	Mass start	08:40	Karen	Miles	F	Super Veteran	Vegan Runners UK
196	10k	Mass start	08:40	Mike	Miller	M	Super Veteran	Hove Hornets
197	10k	Rolling start	09:20-09:25	Rich	Miller	M	Super Veteran	
198	10k	Rolling start	09:20-09:25	Michael	Millyard	M	Vintage	Karibu
199	10k	Mass start	08:40	Neil	Mison	M	Super Veteran	
200	10k	Mass start	08:40	Steve	Mitchell	M	Super Veteran	Haywards Heath Harriers
201	10k	Rolling start	09:20-09:25	Rebecca	Moore	F	Super Veteran	Fitso
202	10k	Rolling start	09:20-09:25	Veronica	Moore	F	Super Veteran	Uckfield Runners
203	10k	Rolling start	09:20-09:25	Kerry	Moran	F	Veteran	Hove Hornets
204	10k	Mass start	08:40	Ben	Morphy	M	Veteran	
205	10k	Mass start	08:40	Hannah	Morris	F	Senior	
206	10k	Mass start	08:40	Angie	Morrison	F	Super Veteran	Brighton & Hove Womens Running Club

207	10k	Rolling start	09:20-09:25	Emma	Mowatt	F	Senior	
208	10k	Rolling start	09:20-09:25	caroline	mullins	F	Super Veteran	Worthing running Sisters
209	10k	Mass start	08:40	Kathryn	Mummery	F	Senior	
210	10k	Mass start	08:40	Caroline	Murray	F	Super Veteran	
211	10k	Rolling start	09:20-09:25	Beth	Myland	F	Senior	
212	10k	Mass start	08:40	Michael	Nea	M	Veteran	CJS Landscapes ltd
213	10k	Mass start	08:40	Sarah	Nelson	F	Veteran	
214	10k	Rolling start	09:20-09:25	Wendy	Newman	F	Super Veteran	Hove Hornets
215	10k	Mass start	08:40	Helene	O'Brien	F	Super Veteran	Horsham Joggers
216	10k	Mass start	08:40	Daniel	O'Connell	M	Super Veteran	
217	10k	Rolling start	09:20-09:25	Andrew	Olsen	M	Super Veteran	
218	10k	Rolling start	09:20-09:25	Sarah	Olsen	F	Super Veteran	
219	10k	Mass start	08:40	Sarah	Organ	F	Super Veteran	
220	10k	Mass start	08:40	Victoria	Organ	F	Senior	
221	10k	Rolling start	09:20-09:25	Joanna	Orpinhatton	F	Senior	
222	10k	Mass start	08:40	Petter	Ous	M	Super Veteran	
223	10k	Rolling start	09:20-09:25	Caroline	Parker	F	Vintage	
224	10k	Rolling start	09:20-09:25	John	Partington	M	Vintage	Tonbridge Canoe
225	10k	Mass start	08:40	Katie	Pashley	F	Veteran	Ubermummies
226	10k	Rolling start	09:20-09:25	Alex	Pearcy	F	Veteran	
227	10k	Mass start	08:40	Nicola	Penwarden	F	Super Veteran	Brighton & Hove Women's Running Club
228	10k	Mass start	08:40	Meg	Petche	F	Senior	
229	10k	Mass start	08:40	Nicholas	Petche	M	Super Veteran	
230	10k	Mass start	08:40	Adam	Pickard	M	Junior	
231	10k	Mass start	08:40	Colin	Pickard	M	Veteran	
232	10k	Rolling start	09:20-09:25	Martina	Pickin	F	Vintage	
233	10k	Mass start	08:40	Jane	Pidgeon	F	Vintage	Hove Hornets
234	10k	Mass start	08:40	Nicola	Pilbrow	F	Veteran	Run Academy Worthing
235	10k	Rolling start	09:20-09:25	June	Pope	F	Vintage	
236	10k	Mass start	08:40	Tessa	Pope	F	Senior	
237	10k	Rolling start	09:20-09:25	Robert	Potiphar	M	Super Veteran	
238	10k	Mass start	08:40	Peter	Tyrrell	M	Vintage	Horsham Amphibians Triathlon Club
239	10k	Rolling start	09:20-09:25	Ray	Powell	M	Vintage	Horsham Amphibians Triathlon Club
240	10k	Rolling start	09:20-09:25	Claire	Pretty	F	Veteran	
241	10k	Mass start	08:40	Paul	Prior	M	Super Veteran	NBR
242	10k	Rolling start	09:25-09:30	Claire	Pritchard	F	Super Veteran	
243	10k	Mass start	08:40	Nick	Pulley	M	Veteran	
244	10k	Mass start	08:40	Ben	Purkiss	M	Veteran	
245	10k	Mass start	08:40	Gavin	Puttock	M	Veteran	
246	10k	Mass start	08:40	Michelle	Ramos-Perkins	F	Veteran	Storrington Striders
247	10k	Rolling start	09:25-09:30	Clair	Ramsden	F	Veteran	Lancing eagles
248	10k	Rolling start	09:25-09:30	Morfydd	Ransom-Hall	F	Vintage	
249	10k	Rolling start	09:25-09:30	Lorraine	Ranson	F	Super Veteran	Foxy ladies
250	10k	Rolling start	09:25-09:30	Anne	rapson	F	Super Veteran	
251	10k	Mass start	08:40	Ben	Redding	M	Veteran	
252	10k	Mass start	08:40	cherry	redding	F	Super Veteran	
253	10k	Mass start	08:40	Edward	Richardson	M	Senior	
254	10k	Mass start	08:40	James	Ridpath	M	Super Veteran	
255	10k	Rolling start	09:25-09:30	Kerry	Riggs	F	Super Veteran	
256	10k	Mass start	08:40	Lucy	Robinson	F	Veteran	Run Academy Worthing
257	10k	Rolling start	09:25-09:30	Amanda	Rogers	F	Veteran	
258	10k	Rolling start	09:25-09:30	Graham	Rolfe	M	Veteran	
259	10k	Rolling start	09:25-09:30	Lucy	Rolfe	F	Veteran	
260	10k	Rolling start	09:25-09:30	Alexandra	Ruffer	F	Vintage	The Stragglers
261	10k	Mass start	08:40	Emily	Saunders	F	Senior	
262	10k	Rolling start	09:25-09:30	Alastair	Sava	M	Senior	
263	10k	Rolling start	09:25-09:30	Alexander	Sava	M	Super Vintage	
264	10k	Rolling start	09:25-09:30	Sally	Sava	F	Vintage	
265	10k	Rolling start	09:25-09:30	Vicki	Scale	F	Veteran	
266	10k	Mass start	08:40	Shona	Schofield	F	Super Veteran	
267	10k	Rolling start	09:25-09:30	Louise	Serpell	F	Super Veteran	
268	10k	Mass start	08:40	Caroline	Sharp	F	Veteran	Rogue Runners
269	10k	Rolling start	09:25-09:30	Beverly	Sheridan	F	Vintage	Seaford Striders
270	10k	Rolling start	09:25-09:30	Colin	Simpson	M	Vintage	Brighton Phoenix
271	10k	Mass start	08:40	kim	Slade	M	Senior	
272	10k	Rolling start	09:25-09:30	Karen	Smith	F	Veteran	
273	10k	Mass start	08:40	Kate	Smith	F	Veteran	
274	10k	Rolling start	09:25-09:30	Kay	Smith	F	Super Vintage	Hassocks Community Runners
275	10k	Mass start	08:40	mary	smith	F	Super Veteran	

276	10k	Mass start	08:40	Juliette	Somers	F	Senior	Horsham Joggers
277	10k	Rolling start	09:25-09:30	Krishanthy	Sornalingam	F	Senior	
278	10k	Rolling start	09:25-09:30	Sangeetha	Sornalingam	F	Veteran	
279	10k	Mass start	08:40	Benjamin	Speed	M	Veteran	
280	10k	Rolling start	09:25-09:30	Valerie	Spence	F	Vintage	
281	10k	Rolling start	09:25-09:30	Sonia	Spurio	F	Veteran	
282	10k	Mass start	08:40	ken	spurway	M	Super Veteran	
283	10k	Mass start	08:40	Harry	Standing	M	Senior	
284	10k	Mass start	08:40	Thomas	Stanley	M	Senior	
285	10k	Rolling start	09:25-09:30	Samantha	Stantiall	F	Senior	
286	10k	Rolling start	09:25-09:30	Joanna	Stent	F	Senior	
287	10k	Mass start	08:40	Adam	Stewart	M	Senior	
288	10k	Rolling start	09:25-09:30	Diane	Stobbs	F	Super Veteran	
289	10k	Mass start	08:40	Sheila	Stuart	F	Super Vintage	
290	10k	Mass start	08:40	Amanda	Sullivan	F	Super Veteran	Horsham Joggers
291	10k	Mass start	08:40	Jeanette	Swain	F	Veteran	
292	10k	Mass start	08:40	Danielle	Sweeney	F	Veteran	No Drama Llama
293	10k	Rolling start	09:25-09:30	Myrto	Symeonidis	F	Veteran	
294	10k	Rolling start	09:25-09:30	Barnaby	Tanner	M	Super Veteran	
295	10k	Mass start	08:40	David	Taylor	M	Super Veteran	
296	10k	Rolling start	09:25-09:30	Sue	Teague-smith	F	Vintage	
297	10k	Mass start	08:40	Alex	Tindal	M	Veteran	
298	10k	Rolling start	09:25-09:30	guy	tipton	M	Super Veteran	
299	10k	Rolling start	09:25-09:30	Catherine	Tomlinson	F	Senior	
300	10k	Rolling start	09:30-09:35	Kandace	Toppin	F	Senior	
301	10k	Rolling start	09:30-09:35	Harry	Towler	M	Senior	
302	10k	Rolling start	09:30-09:35	Tina	Towler	F	Super Veteran	
303	10k	Rolling start	09:30-09:35	Phillippa	Townend	F	Veteran	
304	10k	Rolling start	09:30-09:35	Kia	Trainor	F	Veteran	
305	10k	Mass start	08:40	Laura	Ulanowski	F	Senior	Brighton Tri Club
306	10k	Mass start	08:40	Ben	Vick	M	Senior	
307	10k	Mass start	08:40	Tom	Vick	M	Senior	
308	10k	Rolling start	09:30-09:35	Michelle	Walkhouse	F	Veteran	Burgess Hill Runners
309	10k	Rolling start	09:30-09:35	Sean	Walsh	M	Super Veteran	
310	10k	Rolling start	09:30-09:35	Clarissa	Walton	F	Vintage	
311	10k	Rolling start	09:30-09:35	Andrew	Watson	M	Super Veteran	
312	10k	Rolling start	09:30-09:35	Anya	Watson	F	Super Veteran	Foxy ladies running' club
313	10k	Mass start	08:40	Helen	Watson	F	Veteran	
314	10k	Mass start	08:40	Jude	Watson	F	Super Veteran	York Knavesmire Harriers
315	10k	Mass start	08:40	Chris	Watt	M	Vintage	
316	10k	Mass start	08:40	Sarah	Webb	F	Veteran	
317	10k	Rolling start	09:30-09:35	Sarah	Weedon	F	Super Veteran	Foxy ladies running club
318	10k	Mass start	08:40	Gareth	Wharton	M	Super Veteran	
319	10k	Mass start	08:40	Joely	Wharton	F	Super Veteran	
320	10k	Mass start	08:40	Amy	Whitchurch	F	Veteran	
321	10k	Mass start	08:40	Emma	White	F	Veteran	
322	10k	Mass start	08:40	Natasha	White	F	Veteran	
323	10k	Mass start	08:40	Stuart	White	M	Super Veteran	
324	10k	Rolling start	09:30-09:35	Fiona	Whiting	F	Super Veteran	Fitso runners
325	10k	Mass start	08:40	Helen	Wilshaw	F	Super Veteran	
326	10k	Rolling start	09:30-09:35	Andrea	Wilson	F	Super Veteran	
327	10k	Rolling start	09:30-09:35	Clare	Wooding	F	Veteran	OMF
328	10k	Mass start	08:40	Paul	Woodrow-Hill	M	Super Veteran	
329	10k	Rolling start	09:30-09:35	Michelle	Worsey	F	Veteran	Horsham Joggers
330	10k	Mass start	08:40	Katie	Wright	F	Senior	Arena 80
331	10k	Rolling start	09:30-09:35	Lucy	Wynne	F	Veteran	
332	10k	Rolling start	09:30-09:35	Robert	Wynne	M	Veteran	
333	10k Cani	Rolling start	09:30-09:35	Will	Beasley	M	Veteran	
334	10k Cani	Rolling start	09:30-09:35	Laura	Bedson	F	Senior	
335	10k Cani	Rolling start	09:30-09:35	Kathie	Bone	F	Super Veteran	
336	10k Cani	Rolling start	09:30-09:35	Suzie	Davies	F	Veteran	
337	10k Cani	Rolling start	09:30-09:35	Sarah	Howitt-Jones	F	Veteran	
338	10k Cani	Rolling start	09:30-09:35	Naomi	Jones	F	Super Veteran	Horley harriers
339	10k Cani	Rolling start	09:30-09:35	Andrew	Melbert	M	Veteran	
340	10k Cani	Rolling start	09:30-09:35	Sue	Simpson	F	Vintage	Tuff Fitty
341	10k Cani	Mass start	08:40	Holly	Timms	F	Senior	
342	10k Cani	Rolling start	09:30-09:35	Linda	Tombs	F	Vintage	
343	10k Cani	Rolling start	09:30-09:35	Fiona	Watson Brown	F	Super Veteran	
344	10k Cani	Rolling start	09:30-09:35	Debbie	Winfield	F	Veteran	Runpals

345	10k	Mass start	08:40	Suzanne	Denton	F	Veteran	
346	10k	Mass start	08:40	Laura	Larner	F	Senior	Babc
347	10k	Mass start	08:40	Barry	Samler	M	Veteran	Babc
348	10k	Rolling start	09:30-09:35	Holly	Walsh	F	Veteran	
349	10k	Mass start	08:40	Robert	Elliott	M	Vintage	Arunners
350	10k Cani	Rolling start	09:30-09:35	Josie	Kennedy	F	Veteran	
400	10m	Mass start	08:30	Wesley	Adams	M	Senior	
401	10m	Mass start	08:30	Rosalyn	Addison	F	Vintage	Brighton Tri Club
402	10k	Mass start	08:30	Eileen	Adlam	F	Super Veteran	Burgess Hill Runners
403	10m	Mass start	08:30	Steve	Ahern	M	Super Veteran	
404	10m	Mass start	08:30	Daniel	Allen	M	Vintage	Brighton Phoenix
405	10m	Rolling start	08:45-08:50	Anita	Amies	F	Vintage	Lewes A c
406	10m	Rolling start	08:45-08:50	Jen	Anderson	F	Senior	
407	10m	Mass start	08:30	Carly	Ashley	F	Veteran	
408	10m	Rolling start	08:45-08:50	Kevin	Atterbury	M	Super Veteran	
409	10m	Mass start	08:30	Francis	Aznaran	M	Senior	Oxford University Cross Country Club
410	10m	Mass start	08:30	David	Bailey	M	Super Veteran	Brighton Tri Club
411	10m	Rolling start	08:45-08:50	Ruth	Bailey	F	Super Veteran	
412	10m	Rolling start	08:45-08:50	Sophie	Bailey	F	Veteran	
413	10m	Mass start	08:30	Sarah	Ballinger	F	Super Veteran	Uckfield Runners
414	10m	Rolling start	08:45-08:50	Philippa	Barker	F	Senior	Foxy Ladies
415	10m	Rolling start	08:45-08:50	Afra	Barrett	F	Super Veteran	
416	10m	Rolling start	08:45-08:50	Jen	Bayford	F	Veteran	
417	10m	Mass start	08:30	Cath	Beckett	F	Veteran	Burgess Hill Runners
418	10m	Rolling start	08:45-08:50	Chloe	Billingham	F	Senior	
419	10m	Rolling start	08:45-08:50	Hannah	Billingham	F	Senior	
420	10m	Mass start	08:30	Debbie	Birch	F	Veteran	Goring Road Runners
421	10m	Rolling start	08:45-08:50	Nigel	Bird	M	Super Veteran	
422	10m	Mass start	08:30	Andy	Birdsey	M	Veteran	
423	10m	Mass start	08:30	Nigel	Blackbee	M	Super Veteran	
424	10m	Mass start	08:30	Paul	Blackmore	M	Super Veteran	Team T.H.E
425	10m	Rolling start	08:45-08:50	Lorraine	Boberg	F	Super Veteran	
426	10m	Rolling start	08:45-08:50	Heather	Boden	F	Veteran	
427	10m	Mass start	08:30	Andrew	Bowles	M	Super Veteran	Rogue Runners
428	10m	Mass start	08:30	Maya	Bowles	F	Senior	
429	10m	Mass start	08:30	Nick	Bradford	M	Veteran	
430	10m	Mass start	08:30	Mark	Bradley	M	Vintage	
431	10m	Mass start	08:30	Michael	Bradley	M	Senior	
432	10m	Mass start	08:30	aden	brady	M	Super Veteran	faversham running club
433	10m	Rolling start	08:45-08:50	Joanna	Brett	F	Senior	
434	10m	Mass start	08:30	Sarah	Brockwell	F	Senior	
435	10m	Mass start	08:30	Andrew	Broughton	M	Senior	
436	10m	Mass start	08:30	Lyn	Bryant-Nichols	F	Veteran	
437	10m	Mass start	08:30	Emma	Budd	F	Veteran	
438	10m	Rolling start	08:45-08:50	Andrea	Bukta	F	Veteran	Steyning Athletic Club
439	10m	Rolling start	08:45-08:50	Graham	bull	M	Veteran	
440	10m	Mass start	08:30	Sara	Burns	F	Veteran	Brighton Phoenix
441	10m	Rolling start	08:45-08:50	Rachel	Burstow	F	Super Veteran	
442	10m	Mass start	08:30	Dave	Burtenshaw	M	Super Veteran	
443	10m	Rolling start	08:45-08:50	Jenny	Cadman	F	Super Veteran	
444	10m	Mass start	08:30	Emma	Cain	F	Veteran	
445	10m	Mass start	08:30	Heidi	Caisley	F	Veteran	Run Academy Worthing
446	10m	Rolling start	08:45-08:50	Sheryl	Caldecourt	F	Vintage	Burgess Hill Runners
447	10m	Rolling start	08:45-08:50	wayne	caldecourt	M	Super Veteran	
448	10m	Mass start	08:30	Hayley	Campbell	F	Super Veteran	
449	10m	Mass start	08:30	Jenny	Cartwright	F	Senior	
450	10m	Mass start	08:30	Martin	Catling	M	Super Veteran	Arunners RC
451	10m	Mass start	08:30	Carl	Cavallo	M	Veteran	
452	10m	Mass start	08:30	Kevin	Challen	M	Super Veteran	Natural Born Runners
453	10m	Mass start	08:30	Rosemary	Challen	F	Senior	
454	10m	Rolling start	08:45-08:50	emma	chapman	F	Super Veteran	horsham joggers
455	10m	Mass start	08:30	Sarah	Chapman	F	Veteran	Raw Energy Pursuits
456	10m	Mass start	08:30	Stephanie	Charman	F	Veteran	Horsham Joggers
457	10m	Rolling start	08:45-08:50	Sharon	Chladek	F	Super Veteran	
458	10m	Mass start	08:30	Mark	Chopin	M	Vintage	Mel's Milers
459	10m	Mass start	08:30	Lana	Christmas	F	Veteran	
460	10m	Mass start	08:30	Mark	Christmas	M	Veteran	
461	10m	Rolling start	08:45-08:50	Claudia	Churchill	F	Super Veteran	Foxy Ladies Running Club
462	10m	Rolling start	08:45-08:50	Marianne	Clark	F	Super Veteran	Fitso Fitness

463	10m	Mass start	08:30	Mike	Clark	M	Super Vintage	Mel's Milers
464	10m	Mass start	08:30	Robert	Clegg	M	Veteran	
465	10m	Mass start	08:30	Vicky	Clover	F	Senior	No
466	10m	Mass start	08:30	Esther	Clutton	F	Veteran	Mid Sussex Triathlon Club
467	10m	Rolling start	08:45-08:50	Karen	Coates	F	Veteran	Karen Coates
468	10m	Rolling start	08:45-08:50	Julia	Collingburn	F	Super Veteran	
469	10m	Mass start	08:30	Verity	Cooper	F	Senior	
470	10m	Rolling start	08:45-08:50	Lisa	Corbett	F	Veteran	Mikkeller Running Club
471	10m	Mass start	08:30	Anna	Cowley	F	Veteran	
472	10k	Mass start	08:30	Chris	Cox	M	Veteran	
473	10m	Mass start	08:30	John	Cox	M	Vintage	
474	10m	Rolling start	08:45-08:50	Anita	Crawley	F	Super Veteran	DENMEAD STRIDERS
475	10m	Mass start	08:30	Liz	Crockford	F	Super Veteran	Worthing Striders
476	10m	Mass start	08:30	Kate	custis	F	Super Veteran	
477	10m	Mass start	08:30	Samantha	Custis	F	Veteran	
478	10m	Mass start	08:30	Pierre	D'alessio	M	Super Veteran	
479	10m	Mass start	08:30	Claire	Daniel	F	Veteran	
480	10m	Mass start	08:30	Oliver	Daniel	M	Senior	Belgrave Harriers
481	10m	Mass start	08:30	Angela	Darton	F	Super Veteran	Lancing Eagles
482	10m	Rolling start	08:45-08:50	Tess	Davison	F	Senior	
483	10m	Mass start	08:30	rachel	dekker	F	Senior	
484	10m	Mass start	08:30	Stuart	Dennis	M	Veteran	
485	10m	Rolling start	08:45-08:50	Hannah	Dummett	F	Senior	
486	10m	Rolling start	08:45-08:50	Gillian	Denyer	F	Super Veteran	Lonely goats
487	10m	Mass start	08:30	Chloe	Devitt-Spooner	F	Senior	
488	10m	Mass start	08:30	Luke	Devitt-Spooner	M	Senior	
489	10m	Mass start	08:30	Ross	Devitt-Spooner	M	Senior	
490	10m	Mass start	08:30	Eleanor	Dolton	F	Super Veteran	
491	10m	Rolling start	08:50-08:55	Gemma	Dorer	F	Veteran	Vegan Runners UK
492	10m	Mass start	08:30	Jenny	Doyle	F	Veteran	
493	10m	Mass start	08:30	Nick	Dray	M	Vintage	
494	10m	Rolling start	08:50-08:55	Lizzie	Dudeny	F	Veteran	Hove Hornets
495	10m	Rolling start	08:50-08:55	Phil	Duffy	M	Veteran	
496	10m	Rolling start	08:50-08:55	Steve	Easty	M	Veteran	Run Academy Worthing
497	10m	Mass start	08:30	Angie	Edwards	F	Veteran	
498	10m	Mass start	08:30	Mia	Edwards	F	Junior	Brighton Phoenix
499	10m	Rolling start	08:50-08:55	Sonia	Edwards	F	Super Veteran	Portslade Hedgehoppers
500	10m	Mass start	08:30	Lucy	Egan	F	Super Veteran	Hove Hornets
501	10m	Mass start	08:30	Sue	Endacott	F	Super Veteran	Mel's Milers
502	10m	Mass start	08:30	Tiffany	Eneas	F	Super Veteran	MSE Fitness
503	10m	Rolling start	08:50-08:55	David	Evans	M	Vintage	Horsham Joggers
504	10m	Mass start	08:30	Joe	Field	M	Super Veteran	BTRS
505	10k	Rolling start	08:50-08:55	Juliet	Fine	F	Super Veteran	Arena 80 AC
506	10m	Mass start	08:30	Georgia	Flowers	F	Senior	Brighton Phoenix
507	10m	Mass start	08:30	Alan	Folwell	M	Senior	
508	10m	Rolling start	08:50-08:55	Christopher	Forte	M	Veteran	
509	10m	Rolling start	08:50-08:55	Sally	Foster	F	Veteran	Brighton & Hove Women's running club
510	10m	Mass start	08:30	Amanda	Foxwell	F	Veteran	
511	10m	Rolling start	08:50-08:55	Olivia	French	F	Senior	Arunners
512	10m	Rolling start	08:50-08:55	Becky	Froome	F	Super Veteran	
513	10m	Rolling start	08:50-08:55	Hayley	Frost	F	Veteran	
514	10m	Mass start	08:30	Helen	Gair	F	Veteran	
515	10m	Mass start	08:30	Julie	Gallagher	F	Vintage	Horsham Amphibians Triathlon Club
516	10m	Mass start	08:30	Emma	Gambin	F	Senior	
517	10m	Rolling start	08:50-08:55	Amanda	Gatland	F	Super Veteran	
518	10m	Rolling start	08:50-08:55	Tim	George	M	Senior	
519	10m	Rolling start	08:50-08:55	Claire	Gibbs	F	Super Veteran	
520	10m	Mass start	08:30	Sarah	Gillespie	F	Senior	Mikkeller Run Club Brighton
521	10m	Mass start	08:30	Stephen	Goldsmith	M	Veteran	Crawley Run Crew
522	10m	Mass start	08:30	Pete	Goodman	M	Veteran	Brighton Phoenix
523	10m	Mass start	08:30	Andy	Robins	M	Veteran	HJ 2016
524	10m	Mass start	08:30	Vicky	Green	F	Veteran	York Knavesmire Harriers
525	10m	Rolling start	08:50-08:55	Lou	Gregory	F	Super Veteran	Brighton Phoenix Triathlon Club
526	10m	Rolling start	08:50-08:55	Nicky	Gregory	F	Super Veteran	Running Up That Hill
527	10m	Rolling start	08:50-08:55	Julia	Griggs	F	Veteran	Foxy Ladies
528	10m	Mass start	08:30	Charlotte	Guy	F	Veteran	
529	10m	Rolling start	08:50-08:55	Joanne	Hadden	F	Veteran	
530	10m	Mass start	08:30	Joseph	Hallam	M	Senior	
531	10m	Mass start	08:30	Jane	Hallett	F	Senior	

532	10m	Mass start	08:30	Taline	Halpern	F	Veteran	
533	10m	Mass start	08:30	Matt	Hamilton	M	Senior	
534	10m	Rolling start	08:50-08:55	Clare	Hannington	F	Super Veteran	
535	10m	Rolling start	08:50-08:55	Susanne	Hart	F	Super Veteran	Foxy Ladies
536	10m	Mass start	08:30	Suzy	Hawker	F	Super Veteran	
537	10m	Mass start	08:30	Terry	Heath	M	Super Veteran	Trail Running Association
538	10m	Mass start	08:30	Peter	Hedgethorne	M	Vintage	Portslade Hedgehoppers
539	10m	Mass start	08:30	Camille	Heming	F	Senior	
540	10m	Rolling start	08:50-08:55	Nick	Henson	M	Veteran	
541	10m	Mass start	08:30	Jane	Herrington	F	Super Veteran	
542	10m	Mass start	08:30	Jo	Hesketh	F	Super Veteran	Steyning AC
543	10m	Rolling start	08:50-08:55	Tiffany	Hicks	F	Super Veteran	
544	10m	Rolling start	08:50-08:55	Adrian	Hill	M	Veteran	
545	10m	Mass start	08:30	Greg	Hilton	M	Veteran	Haywards Heath Harriers
546	10m	Rolling start	08:50-08:55	Stephanie	Hilton-Smith	F	Veteran	Bognor Regis Tone Zone Runners
547	10m	Mass start	08:30	Catherine	Hoar	F	Super Veteran	
548	10m	Mass start	08:30	Melissa	Holland-Smith	F	Veteran	Midhurst Milers
549	10m	Mass start	08:30	Laura	Holt	F	Veteran	
550	10m	Mass start	08:30	Elinor	Hovey	F	Veteran	
551	10m	Rolling start	08:50-08:55	Chris	Hunt	M	Senior	Angmering24fit
552	10m	Mass start	08:30	Darryl	Hunt	M	Veteran	Rogue Runners
553	10m	Mass start	08:30	Gary	Ireland	M	Super Veteran	
554	10m	Rolling start	08:50-08:55	Helen	Ison	F	Veteran	
555	10m	Rolling start	08:50-08:55	Keri	James	F	Super Veteran	
556	10m	Mass start	08:30	Derry	Jarvis	M	Super Veteran	Outdoor Military Fitness
557	10m	Rolling start	08:50-08:55	Lisa	Jarvis	F	Veteran	
558	10m	Rolling start	08:50-08:55	Zsuzsa	Javorka	F	Veteran	Hove Hornets
559	10m	Mass start	08:30	Michelle	Jerling	F	Super Veteran	
560	10m	Rolling start	08:50-08:55	Claire	Johnson	F	Super Veteran	Mel's Milers
561	10m	Mass start	08:30	Michelle	Johnson	F	Veteran	
562	10m	Rolling start	08:55-09:00	Paul	Johnson	M	Super Veteran	Mel's Milers
563	10m	Mass start	08:30	Lydia	Jordan	F	Senior	Steyning AC
564	10m	Mass start	08:30	Laura	Kay	F	Veteran	
565	10m	Mass start	08:30	Claire	Kelson	F	Veteran	
566	10m	Rolling start	08:55-09:00	Robert	Kempson	M	Senior	
567	10m	Mass start	08:30	Lesley	Kilner	F	Vintage	Henfield Joggers
568	10m	Mass start	08:30	Anna	King	F	Veteran	Brighton and Hove Wome's Running Club
569	10m	Mass start	08:30	Dave	King	M	Veteran	
570	10m	Mass start	08:30	Virginia	King	F	Vintage	
571	10m	Mass start	08:30	Rob	Kinnison	M	Super Veteran	Horsham Amphibians Triathlon
572	10m	Rolling start	08:55-09:00	Jay	Kirby	F	Senior	
573	10m	Rolling start	08:55-09:00	Jane	Klückers	F	Vintage	Fittleworth Flyers
574	10m	Rolling start	08:55-09:00	Paula	Knee	F	Super Veteran	Girls Run the World
575	10m	Mass start	08:30	Euphemia	Lampkowski	F	Senior	Brighton and Hove Women's Running Club
576	10m	Mass start	08:30	Helen	Last	F	Veteran	
577	10m	Mass start	08:30	Phil	Lazarou	M	Veteran	
578	10m	Mass start	08:30	Graham	Liddell	M	Super Veteran	Tuff Fitty Triathlon Club
579	10m	Mass start	08:30	Leanne	Litster	F	Veteran	
580	10m	Rolling start	08:55-09:00	Hannah	Louise	F	Veteran	
581	10m	Mass start	08:30	C	M Mason	F	Super Veteran	
582	10m	Mass start	08:30	Karolina	Majewska	F	Senior	
583	10m	Mass start	08:30	Adam	Mangan	M	Super Veteran	
584	10m	Mass start	08:30	Morwenna	Marshall	F	Veteran	Lonely goat
585	10m	Mass start	08:30	Paul	Marshall	M	Super Veteran	Lonely Goats
586	10m	Mass start	08:30	Samantha	Marshall	F	Super Veteran	Horsham Joggers
587	10m	Rolling start	08:55-09:00	Ellen	Marston	F	Senior	Worthing Striders
588	10m	Mass start	08:30	Nicola	Martin	F	Veteran	
589	10m	Mass start	08:30	Sarah	Maskell	F	Veteran	Henfield Joggers
590	10m	Mass start	08:30	Vikki	Mayne	F	Senior	
591	10m	Rolling start	08:55-09:00	Sarah	Mccarthy	F	Super Veteran	
592	10m	Rolling start	08:55-09:00	Gary	Mccawley	M	Super Veteran	DENMEAD STRIDERS
593	10m	Mass start	08:30	Kerry	McGawley	F	Veteran	Brighton Tri Club
594	10m	Mass start	08:30	Sarah	McGuire	F	Veteran	
595	10m	Mass start	08:30	Sharon	Mchale	F	Super Veteran	Lancing Eagles RC
596	10m	Rolling start	08:55-09:00	Caitriona	Mchugh	F	Veteran	East Grinstead Runners
597	10m	Rolling start	08:55-09:00	Sarah	McKinnon	F	Super Veteran	BHWRC
598	10m	Mass start	08:30	Dermott	Mckoen	M	Super Veteran	
599	10m	Mass start	08:30	Helen	McTeer	F	Super Veteran	Midhurst Milers
600	10m	Mass start	08:30	Nigel	Meager	M	Vintage	

601	10m	Mass start	08:30	Cheryl	Melaniphy	F	Super Veteran	
602	10m	Mass start	08:30	Mark	Melaniphy	M	Super Veteran	
603	10m	Mass start	08:30	Paul	Melbert	M	Veteran	
604	10m	Mass start	08:30	Liz	Merritt	F	Super Veteran	
605	10m	Rolling start	08:55-09:00	Claire	Millar	F	Veteran	
606	10m	Mass start	08:30	Clare	Milsom	F	Super Veteran	BTRS
607	10m	Mass start	08:30	Melanie	Mitchell	F	Super Veteran	
608	10m	Mass start	08:30	Sarah	Mitchell	F	Veteran	
609	10m	Rolling start	08:55-09:00	Tracy	Mitchell	F	Super Veteran	Rogue Runners
610	10m	Mass start	08:30	Claire	Monahan	F	Veteran	
611	10m	Rolling start	08:55-09:00	trevor	montague	M	Vintage	crawley AC
612	10m	Mass start	08:30	David	Moore	M	Super Veteran	
613	10m	Rolling start	08:55-09:00	Caron	Moran	F	Super Veteran	Foxy Ladies Running Club
614	10m	Rolling start	08:55-09:00	Helen	Morgan	F	Super Veteran	Horsham Joggers
615	10m	Mass start	08:30	Nicola	Morgan	F	Veteran	
616	10m	Mass start	08:30	Keith	Moss	M	Veteran	
617	10m	Mass start	08:30	Kim	Motley	F	Senior	
618	10m	Rolling start	08:55-09:00	Danielle	Mussellwhite	F	Veteran	Horsham Joggers
619	10m	Rolling start	08:55-09:00	Karen	Napleton	F	Super Veteran	TUFF FITTY / GRTW
620	10m	Rolling start	08:55-09:00	Kate	Netley	F	Super Veteran	East Grinstead Runners
621	10m	Rolling start	08:55-09:00	Andrew	Newby	M	Super Veteran	Hove Hornets
622	10m	Rolling start	08:55-09:00	Hope	Newcomer	F	Super Veteran	Arunners
623	10m	Rolling start	08:55-09:00	Andrea	Newcomer-Jones	F	Senior	
624	10m	Mass start	08:30	SUSAN	NEWMAN	F	Vintage	HORSHAM JOGGERS
625	10m	Mass start	08:30	Paul	Newsome	M	Senior	Mid Sussex Tri Club
626	10m	Mass start	08:30	Fiona	Nortje	F	Super Veteran	
627	10m	Rolling start	08:55-09:00	Rebecca	Norton	F	Senior	Burgess Hill Runners
628	10m	Mass start	08:30	Michelle	Nutting	F	Super Veteran	Midhurst milers
629	10m	Rolling start	08:55-09:00	Tracey	O'Brien	F	Super Veteran	
630	10m	Rolling start	08:55-09:00	Alice	O'Kane	F	Senior	
631	10m	Rolling start	08:55-09:00	Elizabeth	O'Kane	F	Super Veteran	
632	10m	Mass start	08:30	Jane	Owen	F	Veteran	Burgess Hill Runners
633	10m	Mass start	08:30	Sheralee	Pace	F	Senior	
634	10m	Mass start	08:30	Chris	Page	M	Vintage	Burgess Hill Runners
635	10m	Mass start	08:30	Leigh	Paige	F	Super Veteran	Bognor Regis Tone Zone Runners
636	10m	Mass start	08:30	Stuart	Parkes	M	Senior	
637	10m	Mass start	08:30	Tom	Parkes	M	Senior	
638	10m	Mass start	08:30	lauren	parry	F	Senior	Arunners
639	10m	Mass start	08:30	Amanda	Partridge	F	Super Veteran	Horsham Joggers
640	10m	Mass start	08:30	Michelle	Peckham	F	Veteran	Horsham Amphibians Triathlon Club
641	10m	Mass start	08:30	Adam	Penwarden	M	Super Veteran	
642	10m	Mass start	08:30	Rachel	Perry	F	Veteran	Brighton Tri Club
643	10m	Mass start	08:30	Dan	Peters	M	Veteran	Hove Hornets
644	10m	Rolling start	08:55-09:00	Helen	Phillips	F	Veteran	
645	10m	Mass start	08:30	Rachel	Piggott	F	Veteran	
646	10m	Mass start	08:30	Lisa	Piper	F	Super Veteran	Arunners RC
647	10m	Rolling start	08:55-09:00	Lucy	Pitt	F	Veteran	Brighton and Hove Women's Run Club
649	10m	Mass start	08:30	Sarah	Price	F	Senior	Arena 80 AC
650	10m	Rolling start	08:55-09:00	Julian	Pringle	M	Super Veteran	Fittleworth flyers
651	10m	Mass start	08:30	Katie	Prout	F	Veteran	
652	10m	Mass start	08:30	Rebecca	Ramsey	F	Super Veteran	
653	10m	Rolling start	08:55-09:00	Jeremy	Ransom	M	Super Veteran	
654	10m	Rolling start	08:55-09:00	john	rapson	M	Super Veteran	
655	10m	Mass start	08:30	Jane	Reed	F	Veteran	
656	10m	Mass start	08:30	martin	richardson	M	Veteran	
657	10m	Mass start	08:30	Claire	Ridley	F	Veteran	Steyning Athletics club
658	10m	Rolling start	09:00-09:05	Chris	Riley	M	Veteran	
659	10m	Mass start	08:30	Maddy	Robbins	F	Veteran	
660	10m	Mass start	08:30	CLIFF	SARAN	M	Super Veteran	Hove Hornets
661	10m	Mass start	08:30	Bill	Savage	M	Vintage	Run Academy Worthing
662	10m	Rolling start	09:00-09:05	Catherine	Sculthorpe	F	Veteran	
663	10m	Mass start	08:30	Chrissie	Scutt	F	Vintage	Arunners RC
664	10m	Rolling start	09:00-09:05	Charlotte	Seaton	F	Super Veteran	
665	10m	Mass start	08:30	Gemma	Shadbolt	F	Senior	Brighton Multisports
666	10m	Rolling start	09:00-09:05	Ali	Shears	F	Super Veteran	Horsham Joggers
667	10m	Mass start	08:30	Tom	Shelford	M	Veteran	
668	10m	Mass start	08:30	Janet	Shepherd	F	Vintage	Tuff Fitty Triathlon Club
669	10m	Mass start	08:30	Sarahs	Sheriff	F	Super Veteran	
670	10m	Mass start	08:30	Lorraine	Sherrard	F	Super Veteran	Mels Milers

671	10m	Rolling start	09:00-09:05	David	Simmons	M	Vintage	Lonely Goat
672	10m	Mass start	08:30	Jo	Sinclair	F	Veteran	
673	10m	Mass start	08:30	Tom	SLEIGHT	M	Senior	
674	10m	Mass start	08:30	Amanda	Smedley	F	Super Veteran	
675	10m	Mass start	08:30	Bob	SMITH	M	Super Veteran	
676	10m	Mass start	08:30	Yian	Solomon	F	Super Vintage	Lancing Eagles RC
677	10m	Mass start	08:30	Kim	Sparks	F	Super Veteran	
678	10m	Mass start	08:30	Henry	Speight	M	Super Veteran	
679	10m	Mass start	08:30	Alex	Spender	M	Super Veteran	
680	10m	Mass start	08:30	Tim	Stephens	M	Senior	
681	10m	Mass start	08:30	Neale	Sterio	M	Super Veteran	Rogue Runners
682	10m	Mass start	08:30	Hugh	Stevenage	M	Super Veteran	Burgess Hill Runners
683	10m	Rolling start	09:00-09:05	Sandra	Stratford	F	Super Veteran	East Grinstead Runners
684	10m	Mass start	08:30	Fred	Sykes	M	Super Veteran	Burgess Hill Runners
685	10m	Mass start	08:30	Sally	Symes	F	Super Veteran	Burgess Hill Runners
686	10m	Rolling start	09:00-09:05	Maria	Tall Stuart	F	Super Veteran	
687	10m	Mass start	08:30	Teresa	Tamplin	F	Super Veteran	
688	10m	Mass start	08:30	Claire	Taylor	F	Super Veteran	
689	10m	Rolling start	09:00-09:05	Harriet	Taylor	F	Veteran	
690	10k	Rolling start	09:00-09:05	Lee	Taylor	F	Super Veteran	
691	10m	Mass start	08:30	Rosie	Taylor	F	Senior	
692	10m	Rolling start	09:00-09:05	Tracey	Thomas	F	Super Veteran	Lancing Eagles
693	10m	Mass start	08:30	Lynsey	Thompson	F	Veteran	
694	10m	Rolling start	09:00-09:05	Joanna	Thornhill	F	Veteran	
695	10m	Mass start	08:30	Jill	Toppin	F	Veteran	Foxy Ladies
696	10m	Rolling start	09:00-09:05	Erin	Townsend	F	Senior	
697	10m	Mass start	08:30	Fiona	Turton	F	Vintage	Henfield Joggers
698	10m	Mass start	08:30	Jinny	Ursell	F	Veteran	
699	10m	Rolling start	09:00-09:05	Kevin	Valentine	M	Vintage	Worthing Striders
700	10m	Rolling start	09:00-09:05	Helen	Varcoe	F	Super Veteran	Horsham Amphibians Triathlon Club
701	10m	Mass start	08:30	Vicky	Von Der Linden	F	Veteran	Mid Sussex triathlon club
702	10m	Rolling start	09:00-09:05	Victoria	Waite	F	Veteran	
703	10m	Mass start	08:30	Kath	Wallek	F	Veteran	Burgess Hill Runners
704	10m	Rolling start	09:00-09:05	Victoria	Walton	F	Super Veteran	
705	10m	Mass start	08:30	Ed	Warner	M	Super Veteran	FITTLEWORTH FLYERS
706	10m	Rolling start	09:00-09:05	Anita	Watkins	F	Super Veteran	Worthing Striders
707	10m	Rolling start	09:00-09:05	Amy	Watson	F	Senior	
708	10m	Rolling start	09:00-09:05	Naomi	Webb	F	Senior	Midhurst Milers
709	10m	Mass start	08:30	Karen	Weller	F	Super Veteran	Hove Hornets
710	10m	Mass start	08:30	James	West	M	Senior	
711	10m	Mass start	08:30	Ryan	West	M	Veteran	
712	10m	Mass start	08:30	Dawn	Whamond	F	Veteran	
713	10m	Rolling start	09:00-09:05	Jayne	White	F	Super Veteran	Burgess Hill Runners
714	10m	Rolling start	09:00-09:05	Vikki	Whitelam	F	Vintage	Foxy Ladies
715	10m	Mass start	08:30	Julie	Whitney	F	Super Veteran	MSE
716	10m	Mass start	08:30	Emma	Whyman	F	Super Veteran	Personify Fitness
717	10m	Rolling start	09:00-09:05	Ethel	Whyman	F	Senior	Horsham tri club
718	10m	Mass start	08:30	Catherine	Wilde	F	Veteran	Poole Runners
719	10m	Mass start	08:30	Jane	Wilkes	F	Vintage	Rogue Runners
720	10m	Mass start	08:30	adrian	willard	M	Veteran	Tuff Fitty Triathlon Club
721	10m	Mass start	08:30	Ann	Williams	F	Vintage	Mel's Milers
722	10m	Rolling start	09:00-09:05	Claire	Williams	F	Veteran	Heathfield Road Runners
723	10m	Rolling start	09:00-09:05	Sian	Williams	F	Veteran	
724	10m	Mass start	08:30	Susan	Wintle	F	Veteran	
725	10m	Rolling start	09:00-09:05	Fred	Wood	M	Super Veteran	
726	10m	Mass start	08:30	Jo	Woodrow-Hill	F	Veteran	
727	10m	Mass start	08:30	Linda	Woolley	F	Super Veteran	Henfield Joggers
728	10m	Mass start	08:30	Leah	Wright	F	Senior	Rogue Runners
729	10m	Mass start	08:30	Matthew	Wrighton	M	Veteran	
730	10m	Rolling start	09:00-09:05	Sue	Zanin	F	Super Veteran	Horsham Joggers
731	10m Cani	Rolling start	09:00-09:05	Emma	Burrows	F	Veteran	Trails and tails
732	10m Cani	Rolling start	09:00-09:05	Dina	Carr	F	Senior	
733	10m Cani	Rolling start	09:00-09:05	Victoria	Falconer	F	Veteran	Trails & Tails
734	10m Cani	Rolling start	09:00-09:05	Alex	Featherstonhaugh	M	Senior	
735	10m Cani	Rolling start	09:00-09:05	Jeremy	harrison	M	Vintage	ARunners
736	10m Cani	Rolling start	09:05-09:10	Joanne	Hartland	F	Vintage	
737	10m Cani	Rolling start	09:05-09:10	Sue	Jones	F	Veteran	
738	10m Cani	Rolling start	09:05-09:10	Andrew	Leachman	M	Veteran	
739	10m Cani	Rolling start	09:05-09:10	Caroline	Lear	F	Senior	

740	10m Cani	Rolling start	09:05-09:10	Simon	Lewis	M	Vintage	Natural Born Runners
741	10m Cani	Rolling start	09:05-09:10	Pamela	Peacock	F	Senior	
742	10m Cani	Rolling start	09:05-09:10	Rhian	Standley	F	Veteran	Trails & Tails
743	10m Cani	Rolling start	09:05-09:10	Lisa	Taylor	F	Veteran	
744	10m Cani	Rolling start	09:05-09:10	Jo	Uwins	F	Super Veteran	Trails & Tails
745	10m Cani	Rolling start	09:05-09:10	Linzi	Williams	F	Veteran	Horsham Joggers
746	10 mile	Rolling start	09:05-09:10	Cris	Hollister	F	Veteran	
747	10 mile	Rolling start	09:05-09:10	Karen	Fuggles Wood	F	Super Veteran	
748	10 mile	Rolling start	09:05-09:10	Tony	Boxall	M	Super Vintage	
749	10m	Mass start	08:30	Ben	Ayling	M	Veteran	Burgess Hill Runners
750	10m	Mass start	08:30	Jane	Marr	F	Senior	
751	10m	Mass start	08:30	Bushka	Skladanek	F	Veteran	Bognor Regis Tone Zone Runners